

Please call our office for help: (303) 335-1045

COMMUNITY RESOURCES:

Office of Victim's Assistance

- <u>University of Colorado Boulder</u>, CU students, staff, and faculty may contact OVA for free and confidential support by calling 303-492-8855
- Boulder County Victim Assistance; 303-441-3656
 - o Reactions to Trauma
 - o Reactions to Trauma in Spanish
- <u>City of Boulder Victim Assistance</u>: Phone: 303-441-4048, townleys@bouldercolorado.gov

Mental Health Resources

- **Mental Health Partners** (any mental health needs/concerns, includes, but not limited to concerns around suicide and self-harm); Crisis line 1-844-493-TALK (8255), text TALK to 38255, 24/7 walk-in crisis center: 3180 Airport Road, Boulder, CO
- <u>Colorado Crisis Services</u>; For immediate support, CCS offers a 24 hour crisis line. Dial 1-844-493-TALK (8255) or text TALK to 38255 to be connected with a compassionate mental health professional who can provide immediate support. You can also access a 24/7 walk-in crisis center by visiting 3180 Airport Road, Boulder, CO.
- Mental Health and Mass Violence, Mass violence is a particularly distressing and traumatic experience to be impacted by. The American Psychological Association has provided resources for coping with mass shootings and gun violence, including how to manage stress and explain the aftermath of shootings to children. In addition, the Substance Abuse and Mental Health Services Administration (SAMHSA) has compiled an extensive list of mental health resources in the wake of mass violence like shootings. These resources include information of who is at particular risk for emotional stress and how to cope with grief following mass violence.
- SAMHSA has a <u>Disaster Distress Helpline</u> (1-800-985-5990) that you can call or text for support and counseling.
- Mental Health Resources for King Soopers Employees, The United Food and Commercial Workers International Union (UFCW) Local 7 Chapter representing employees of Colorado and Wyoming has released mental health services for employees struggling in the wake of the Bolder Shooting. The following contacts are offering mental health care:
 - **King Soopers EAP** (Employee Assistance Program), Magellan Healthcare 1-800-547-1442
 - o Available to both Union and Non-union workers

- MINES & Associates at 1-800-873-7138 or visit www.MINESandAssociates.com
 - Available to Union Members who have United Healthcare as their selected provider
- **Kaiser Permanente** Denver/Boulder and Northern Colorado: Call 303-471-7700 or 1-866-359-8299 (TTY 711), Monday through Friday 7 a.m. to 7 p.m.
 - o Available to Union members who have Kaiser Permanente as their selected provider.

Victim's Compensation

There are financial resources available to victims of mass violence. To file a victim compensation claim, please visit the <u>Colorado Division of Criminal Justice</u>. You can follow the steps below to file your claim.

Steps:

- Contact the Victim Compensation Administrator for Judicial District 20 (contact information below). The shooting at the King Soopers on Table Mesa Rd was located in the 20th Judicial District.
 - You can also download and fill out this <u>Victim Compensation Application</u> (PDF) and send it directly to the Administrator.
- Submit the application and itemized bills directly related to the crime in the district where the crime occurred (in this case the 20th judicial district). The district may require additional information from you.
- The processing time is different for each district, however, it generally takes 30-45 days to be notified of the program's decision.
- After filing and processing, if your victim compensation claim is denied or the award is reduced, you have a right to ask the Board to reconsider its decision. You should be notified of the right to request reconsideration of the Board's decision in writing.

Contact information for Judicial District 20's Victim Compensation Administrator:

Ms. Kim Stalnacker, District Attorney's Office Boulder County Courts Bldg, 1035 Kimbark Street, Longmont, CO 80501 (303) 682-6801, Email: kstalnacker@bouldercounty.org

State Resources

Colorado Healing Fund

The Colorado Healing Fund is a non-profit organization that has created a secure place for the public to financially, emotionally, and physically assist and contribute to victims of mass casualty crimes in Colorado. The Fund has already begun collecting donations for the Boulder shooting. To learn more about the Colorado Healing Fund, visit https://www.coloradohealingfund.org/.

Vigils and Community Healing

As a community, there is an outpouring of love and solidarity for all those impacted by this violence. Vigils and services are being held throughout the region in memoriam for the ten lives lost on March 22nd.

Upcoming Events:

Moms Demand Action Hosted Vigil 3/25/21: 6:30pm MST at Fairview High School

Boulder JCC Virtual Vigil 3/23/21: 7pm-8pm MST [Virtual] Coming Together as a Community - Boulder JCC | Jewish Community Center

Boulder Healing Vigil 3/24/21: 7:30-8:30pm MST at Tantra Park

Community Vigil 3/23/21: 7:30-8:30pm MST at Yale Rd and Table Mesa Dr

Community Vigil 3/23/21: 6:45pm MST at Viele Lake

Prayer Vigil for Boulder 3/24/21: 6:30pm MST at Family of Christ Community Church in

Westminster

Candlelit Memorial 3/24/21: 7pm MST at The Courthouse of Pearl

BE AWARE: Victim Compensation Fraud and Scams

When mass tragedies happen, fraud and scams will target vulnerable individuals seeking out help or looking to donate. Most scammers take advantage of donors, however some will also target families and close friends of the victims. Community aid and victim compensation is a meaningful way for victims and the community to start healing, however it is important to be mindful of fraud and scams during this time.

Here are the main red flags to look out for:

1. Unfamiliar organizations

Research any entity that seems unfamiliar or suspicious. Charities and organizations can be vetted using <u>Charity Navigator</u>, <u>Charity Watch</u>, and <u>Guidestar</u>. Any organization not listed or with a problematic track record is likely unreputable.

GoFundMe is a popular and fairly safe way to raise money. After mass tragedies, GoFundMe implements stricter measures to validate donation pages. Fraudulent activity can still happen, however. It is recommended to be closely acquainted with whoever may be organizing a donation page for you to ensure that the donations end up in the right hands.

Be wary about giving any personal information or money to callers claiming to be from funeral services or medical examiners' offices looking to arrange services. Collect as much information from them as possible but do not give any in return, it is likely a scam.

2. Suspicious emails and phone calls

Look out for social media posts, phone calls, emails, or texts that are looking for any of your personal information or offering services. Unsolicited outreach that is unfamiliar is something to be wary of. Scammers will often send websites that have discrete misspellings or promote social media accounts that can look very official. Read web links, emails and social media accounts closely before considering clicking on them or giving any information. Legitimate nonprofit organizations or government agencies will almost always end in .org or .gov, not .com.

3. Posers

People will attempt to take advantage of victims by posing as aid workers, government employees, or even relatives. Be aware that neither federal nor state workers accept money, and most agencies will not charge victims for various financial applications or assistance. It has also been reported that once out-of-touch relatives may come back into the picture and attempt to skim money out of victim compensation and donations given to the family.

4. Door-to-door Outreach

Although fraudulent activity happens mostly behind a screen, scammers will use the credibility of in-person confrontation to get information. If a stranger is claiming to help you and is looking for your personal information, the best course of action is to respectfully say no until you are certain of their intentions.

Surround yourself with trusted family and friends during this time to help you navigate the pitfalls of victim compensation. If you encounter suspected fraudulent activity, speak out. Letting others know can protect those around you going through the same hardship.